

Nisqually Elders menu (360)486-9546

Va & Titan, Cooks

menu subject to change
Non-elder price \$8.00

OCTOBER 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Cheese Burger & French Fries	2 Pork Schnitzels Mashed Potatoes Corn	3 Chicken Enchiladas Spanish Rice Refried Beans	4
5	6	7 Hungarian Goulash Buttered Noodles Veggie Blend	8 Eggplant Sausage Casserole Wilted Spinach Wheat Bread	9 Coconut Chicken Sweet Potatoes Roasted Kale	10 Beef Vegetable Soup & Fry Bread	11
12	13	14 Beef Shephard's Pie Green Beans Wheat Bread	15 Make Your Own Taco Red Rice	16 Paprika Chicken Creamy Pasta Veggie Blend	17 Elk Stew & Wheat Roll	18
19	20	21 Pork Roast Sweet Potatoes Roasted Kale	22 Beef Broccoli Sauteed Noodles Veggie Egg Roll	23 Salmon Hash With Eggs Toast Fresh Fruits	24 Oven BBQ Chicken Mac & Cheese Baked Beans Cornbread	25
26	27	28 Baked Ham Scalloped Potatoes Broccoli Spears Wheat Bread	29 Italian Chicken with Noodles Garlic Bread Broccoli	30 Halloween Bash 11:00-1pm Braised Short Ribs Mashed Potatoes Roasted Carrots	31 Sausage Bean Soup & BLT Sandwich	