



NISQUALLY
COMMUNITY GARDEN
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Weekly Box Program!



*Coming this
summer...*



Recipes included!



Weekly Produce Boxes from Nisqually Community Garden!

Weekly produce boxes are available free of charge to Nisqually Tribal Elders.

Here are the basics:

- ◆ Available only to Nisqually Elders.
- ◆ 1 weekly box per household.
 - ◇ Choose between a regular size box or a small box
- ◆ July-September, boxes will be available Tuesday afternoons for home delivery (**on-reservation only**) or pickup at the Nisqually Elders Center.
- ◆ There is no registration deadline.

- ◆ We have up to 50 spots available in the program. **Spots will be filled on a first-come, first-served basis until we reach the full 50.**
- ◆ **Please let us know by the day before if you can't pick up your box.** Your subscription may be cancelled if you don't pick up your box for 2 weeks without notice.
- ◆ If you would like to sign up, please fill out the **registration form** and mail it in as soon as you are able.
- ◆ If you have any questions, please contact Chantay Anderson at:
anderson.chantay@nisqually-nsn.gov
(360) 456-5221 ex. 1166



Examples of a typical box at different times of year:

**** A small box will be half of what's listed below****

July

- 1 head lettuce
- 1 head/bunch bok choy
- 1 bunch green onions
- 1 bunch beets
- 1 head cauliflower
- 1 bunch basil
- 1 head cabbage
- 1/2 pt. blueberries

August

- 1 bunch kale
- 1lb. Green beans
- 1 bunch basil
- 1 head fennel
- 1 eggplant
- 2 ears corn
- 2-3 bell peppers
- 1 pt. cherry tomatoes
- 1 lb. tomatillos
- 1 head cauliflower
- 2-3 large tomatoes
- 1 bundle radishes or turnips