



National Training and Development Curriculum

FOR FOSTER AND ADOPTIVE PARENTS

CLASSROOM MODULES

Tuesdays from 5:30pm until 7:00pm
MICROSOFT TEAMS

Week #1- January 14, 2025,

Introduction and Welcome
Overview of the Child Welfare System

Week #2- January 21, 2025

Reunification-Primary Permanency Planning Goal
Foster Care-A Means to Support Families

Week #3- January 28, 2025

Creating Safe, Nurturing, Safe Home
Reasonable/Prudent Parenting Standards

Week #4- February 4, 2025

Expanding Your Parenting Paradigm
Child Development

Week #5- February 11, 2025

Attachment
Separation, Grief, and Loss

Week #6- February 18, 2025

Separation, Grief, and Loss
Trauma Related Behaviors

Week #7- February 25, 2025

Trauma Related Behaviors
Trauma Informed Parenting

Week #8- March 4, 2025

Effective Communication
Preparing/Managing Intrusive Thoughts

Week #9- March 11, 2025

Cultural Humility
Parenting/Managing Intrusive Questions

Week #10- March 18, 2025

Mental Health Considerations
Impact of Substance Abuse

The National Training and Development Curriculum (NTDC) is a curriculum based on research and input from experts, families who have experience with fostering or adopting children, and former foster and adoptive youth. It is a state-of-the-art classroom and online program that helps to prepare prospective foster and adoptive parents to be successful parents. This material is American Indian/Alaska Native focused.

If you any questions or are interested in this training, please contact Jasmine McDonald, MSW, at (360) 472-2610 or email mcdonald.jasmine@nisqually-nsn.gov.



Facilitated by: Jasmine McDonald, MSW (Nisqually)