



NISQUALLY HEALTH & FITNESS

MASSAGE SCHEDULE

Open to: tribal members, community members, & employees

Sydney Crouch

2nd & 4th Tuesday every month &
every other Thursday of the month

Availability: 10am, 11:15am 12:30pm & 1:45pm

Joshua McDaniel

Every Wednesday (beginning July 24th)

Availability: 1pm, 2:30pm, 4pm, & 5:30pm

Contact Nisqually's Health Fitness & Nutrition departments to schedule

Email: HealthFitness@nisqually-nsn.gov

Phone: 360-455-5213