

# Open Gym

w/ Nisqually Adult Wellness Program

at Nisqually Youth & Community Center



# Tuesdays & Thursdays

# 6 - 8 pm

**High Schoolers to Adults that are Tribal and/or Community Members come play for fun while getting great cardio. Open gym games are for fun, please join us for some fun fitness!**

**Contact Jordan McCloud (360) 456-5221 ext. 2179**