If you have been in close contact with a confirmed case of COVID-19:

Fully vaccinated individuals do not need to stay home. Those who are fully vaccinated with a potential exposure should be wearing a good quality mask at all times when out of their home and near others. Fully vaccinated individuals should schedule a COVID test for 3 – 5 days after their most recent confirmed exposure.

People who are not fully vaccinated need to stay home and quarantine for 10 days. Close contact is defined as: being within six feet of a person with a positive covid test for at least 15 minutes (cummulative in a 24 hour period) without a mask on. Individuals are considered contaigious for 48 hours before they start to show symptoms.

Thank you.

Take Care. Stay Safe. Mary Szafranski, RN Nisqually Indian Tribe Public Health Officer

