

An INFODEMIC

The World Health Organization (WHO) has said that along with the pandemic of COVID-19, we are experiencing an “infodemic” of misinformation, rumors and myths regarding COVID-19.

When reading information about COVID-19, ask yourself, *Who What, Where, When?*

Who is presenting this information? Is it information from a credible source?

What is the information? Is it a fact or someone’s opinion? Are they asking for money? Was the headline more sensational than true?

Where did I find this information? Is it a site run by a university or government agency? The popularity of a website is in no way connected to its credibility.

When was this information first published? **We know that the information about COVID-19 is changing daily** as we learn more about this new virus. Are you looking at the latest recommendations?

**Visit the state’s COVID-19 website for up to date and reliable info:
coronavirus.wa.gov**

